

Glenn Green DMD
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Pre-Operative Instructions

Your surgical appointment is scheduled for

*If you take medication for your heart or blood pressure every morning, please take them the morning of surgery. They can be taken with a small sip of water if you are scheduled for surgery with sedation/general anesthesia.

*If you take blood thinners, please do not stop them without permission from your surgeon or prescribing physician.

*Insulin: If you take a long acting insulin for diabetes in the evening, please take half your regular dose if you are planned for sedation/general anesthesia. If you take normal insulin in the morning, do not take any if you have eaten nothing. Please bring you glucometer and insulin to your surgical appointment.

All Patients

- Brush your teeth prior to your appointment. This will reduce the amount of bacteria within your mouth.
- Take all regular medications prescribed by your physician before surgery.
- Wear comfortable loose-fitting clothes. Short sleeves are preferable.
- Plan on resting at least the remainder of the day of your appointment.

Patients Planned for Sedation/General Anesthesia

- **DO NOT** eat or drink anything for 8 hours before your surgery. This is very important to assure your safety during anesthesia.
- Wear short sleeves on the day of surgery
- Arrange for a responsible adult to bring you and care for you the day of and the night following your surgery. **THE ESCORT MUST STAY IN THE OFFICE THROUGHOUT YOUR ENTIRE SURGERY.**
- **DO NOT** drive a car or operate heavy machinery for 24 hours.
- Only take the pain medication prescribed to you by your surgeon. Do not take other medicines such as sleep aids or tranquilizers.

I understand that if I am ore than 15 minutes late, the surgery will be rescheduled.

I understand that if I do not give a 24-hour cancellation notice, I will be charge \$100.00.

Surgeries that are scheduled for Monday must be cancelled by noon on the Friday before to avoid a cancellation charge.

Patient/parent _____ Date _____